


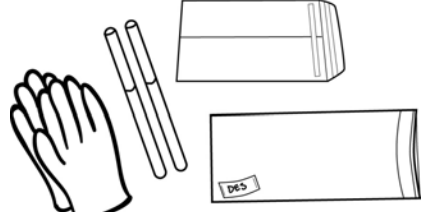

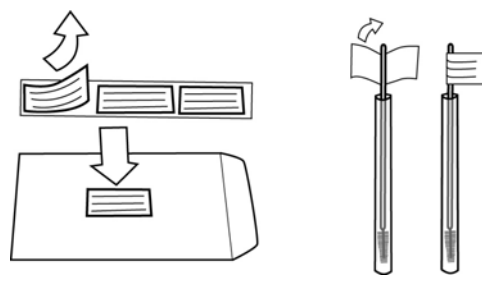

Pharmacogenetics DNA Test Kit: Sampling Instructions

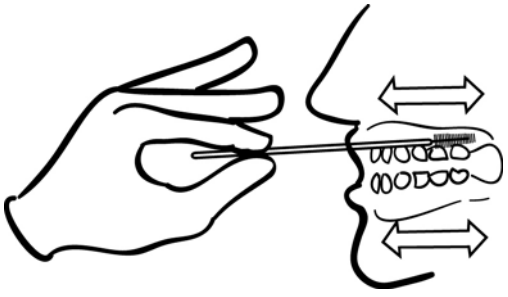
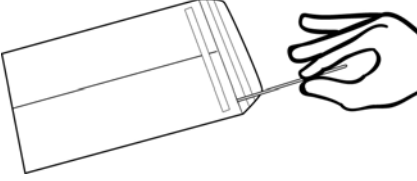
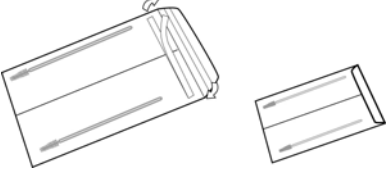
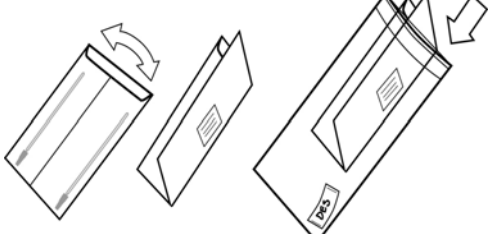
Any Questions Call 1-800-727-5048

Kit Contents - Check For Completeness

<u>Documentation</u>	<u>DNA Sampling Bag</u>	<u>For Shipping</u>
<ul style="list-style-type: none"> ➤ Instruction Sheet. ➤ Test Requisition Form: <ul style="list-style-type: none"> A. Physician Section B. Patient Section ➤ 3 Patient Labels. 	<ul style="list-style-type: none"> ➤ 2 Purple exam gloves. ➤ 2 Buccal brushes. ➤ 1 White self sealing envelope. ➤ 1 Re-sealable plastic shipping bag with desiccant to receive white envelope with Brushes and DNA. 	<ul style="list-style-type: none"> ➤ Prepaid Canada Post Xpresspost Shipping Envelope.

To avoid cross contamination with your DNA, do not open DNA Sampling Bag until ready to take the sample.

<p><u>Step #1</u></p>	<p>Complete the physician part of the requisition and the 3 patient labels.</p> <p>Patient must complete Patient's Section (method of payment) at the bottom of the requisition. A personal cheque may be used instead of a credit card.</p>	
<p><u>#2</u></p>	<p>Open the sampling bag by tearing at the notch on the bag.</p> <p>Check that all the components are present.</p>	
<p><u>#3</u></p>	<p>Put on the purple examination gloves.</p>	
<p><u>#4</u></p>	<p>Peel a patient label from the backing and affix it to the white self sealing envelope.</p> <p>Remove the <u>tops only</u> from each of the buccal brush holders and discard tops. <u>Do not</u> remove brushes from the holders at this time.</p> <p>Apply 1 patient label to each of the ends of the buccal brushes by folding the label over onto itself. The <u>arrow head</u> on the label is the <u>center</u> of the label.</p>	
<p><u>#6</u></p>	<p>Collect the DNA first from left side of mouth.</p> <p>Remove a patient labelled buccal brush from its container and discard container.</p>	

<p>#7</p>	<p>Place the Buccal Brush in the middle of the left upper gutter so that the stem of the brush is parallel to the gutter floor. <u>Gently</u> swab the upper gutter back and forth 15 to 20 times.</p> <p>Move the Buccal Brush to the middle of the lower gutter. <u>Gently</u> swab the lower gutter back and forth 15 to 20 times. See diagram.</p> <p>IMPORTANT! 1) Always hold the brush parallel to the gutter, 2) Apply gentle pressure, 3) Don't poke the brush tip into the delicate mucosa at the back of the mouth. Failing to follow these directions may cause discomfort to the patient.</p>	
<p>#8</p>	<p>With your other hand pick up and open the white self sealing envelope. Lay the DNA containing buccal brush into the envelope so that the brush lies lengthwise along one side of the envelope. (This will facilitate folding of the envelope in a later step.)</p>	
<p>#9</p>	<p>Repeat steps 6, 7 & 8 with the 2nd buccal brush for the right side of the mouth.</p>	
<p>#10</p>	<p>With both brushes lengthwise in the envelope (one on each side or both on the same side), remove the sealing strip from the flap of the white envelope containing the buccal brushes with the DNA.</p> <p>Close the flap of the self sealing envelope.</p>	
<p>#11</p>	<p>Fold the white self sealing envelope length wise as indicated.</p> <p>Insert the folded white envelope into the plastic shipping bag with the desiccant.</p> <p>Seal the re-sealable plastic shipping bag</p>	
<p>#12</p>	<p>Remove the purple examination gloves and discard.</p>	
<p>#13</p>	<p>Shipping</p> <ol style="list-style-type: none"> 1. Fill out and retain Customer Receipt on the prepaid, preaddressed Xpresspost envelope. 2. Review requisition form for completeness. Form must be signed by physician <u>and</u> patient. Fold and insert into the prepaid preaddressed Xpresspost envelope. 3. Insert the plastic shipping bag containing the white sealed envelope with the buccal swabs and the desiccant into prepaid preaddressed Xpresspost envelope. 4. Drop package into the nearest Canada Post mail box. 	

We will contact you with the results.